



Alternatives for the Older Adult



Caring for a senior loved one?

**Come Join Us For a Brown Bag Lunch and Learn
Bring a lunch and learn about:**

Making Tough Decisions About Care

**Presenter: Doug Weaver and Erin Hanna; Caregiver Counselor
July 30th 12pm -1pm**

The Emotional Roller Coaster of Caregiving:

How our thinking controls the speed, the dips and the length

**Presenter Doug Weaver; Caregiver Counselor
Aug. 27 12pm-1pm**

Caring for Seniors with Dementia: Tricks of the Trade

*Communication Tips and Techniques while caring for
someone with Alzheimer's disease or other forms of dementia.*

**Presenter Erin Hanna; Caregiver Counselor
Sept. 24th 12pm-1pm**

All presentations will be held at Alternative's Moline Office
1803 7th St. Moline, IL.

Please RSVP to Ellen Berberich at least 2 days prior to the presentation you
would like to attend by calling 309-277-0167.

Presentations are free to the public!



*Presentations are sponsored by Bettendorf Rotary and
The Amy Helpenstell Foundation*

